

# ASD Clinic Therapy Services



**T**he Autism Spectrum Disorders (ASD) Clinic now offers therapeutic support services in addition to diagnostic evaluations for children and adolescents with ASD and their families.

Our clinicians specialize in helping families cope with an array of issues including:

- Stress
- Grief
- Depression
- Anxiety
- Guilt
- Marital distress
- Adjustment issues with siblings

We offer a wide range of services based on a cognitive behavioral approach to treatment that includes individual, couples, and group therapy. We also assist families in developing essential skills that will help them provide support and advocacy for their children. Services are designed to meet the individual needs of each family and are time-limited.

The ASD Clinic coordinates support groups for:

- Parents
- Siblings
- Social Skills Development

#### **Hours:**

The Center is open Monday through Friday from 8 a.m. to 6 p.m.

#### **Insurance:**

We accept most insurance — commercial, private, Medicare, Medicaid, and MBHP.

#### **Information and Referrals:**

To learn more about our Therapy Services, please contact:

**Lauren Christian, M.A.**

Phone 781 - 437 - 1376

Email [lchristian@nationalautismcenter.org](mailto:lchristian@nationalautismcenter.org)

To make a referral or schedule an appointment, please contact:

Phone 877 - 313 - 3833, ext. 375

Email [info@nationalautismcenter.org](mailto:info@nationalautismcenter.org)

Fax 781 - 437 - 1401

41 Pacella Park Drive  
Randolph, Massachusetts 02368

The Autism Spectrum Disorders (ASD) Clinic is a program of the National Autism Center and May Institute. The ASD Clinic provides diagnostic evaluations and therapeutic treatment services to children and adolescents with ASD and their families. Our experienced clinicians offer services that include standardized assessments, behavioral treatment, social skills development, and parent support.

